



# Thrive

Illuminating the way for  
the provision of  
comprehensive, safe and  
quality nursing care

## NORTHEAST OHIO CLINICAL NURSE SPECIALISTS

### Advocacy & Health Policy

It is likely that many of you reading this have an appreciation for the role that advocacy plays in the nursing profession. Advocacy is embedded in nursing theory, professional practice standards and is foundational to patient/family centered care.

As Advance Practice Nurses we are well poised to share our clinical expertise and articulate the essence of issues for which we are passionate. While it is important to lend a voice to policy and embrace opportunities to educate others, many times the most influential contribution we can make is to share our clinical experiences and patient stories

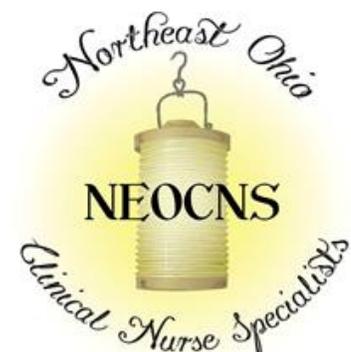
that portray specifically how legislation and policy impact the care of our patients, families, friends and neighbors. Story telling is one of the easiest first steps you can take in effort to influence health policy legislation.

For example, the APRN modernization bill is now in the House and the Senate as a result of nurse advocacy. If you haven't heard yet, Senate Bill 279 (companion Bill of H.B.216) has been assigned to the Medicaid Committee where its members will hear from proponents, opponents and special interests groups.

In addition, many discussions are taking place regarding a variety of health topics, are of

no surprise! At the state level concerns regarding skyrocketing heroin and opioid use, high infant mortality rates, the use of e-cigarettes, childhood and adult obesity, in essence...Ohio's continually poor health outcomes despite high health care costs.

Reach out to your Representatives by email, phone, or speaker invitation to advocate for patients, families, and the nursing profession.



### Current Legislation That May Spark Your Interest . . .

H.B. 113 High school graduation-require cardiopulmonary resuscitation training

H.B. 116 Partial prescription refills-to synchronize multiple prescriptions for patient

H.B. 135 Unborn child having Down Syndrome-prohibit abortion

H.B. 137 School health curriculum-instruction on organ and tissue donation

H.B. 168 Electronic cigarettes-in child-resistant packaging

H.B. 196 Healthier Ohioans

H.B. 216 Advanced practice registered nurses-revise law

H.B. 217 Advanced practice registered nurses-order mental exams

### NACNS 2016 Annual Conference

- “CNS as an Ethical Leader: Moral Distress and Ethical Practice Environments” by Ann Hamric, PhD, RN, FAAN (Keynote Speaker); The CNS is an ethical leader who takes an active role in resolving ethical dilemmas. CNSs ensure that staff can obtain an ethical consult which can reduce the amount of moral distress experienced.
- “Catalyzing Change in a Dynamic Healthcare Market: Reflections on the CNS Role” by Regina Cunningham, PhD, RN, AOCN, FAAN; CNSs can

benefit their institution and improve outcomes through cost savings and cost avoidance by preventing hospital acquired infections. Time management and effective communication are important attributes of CNSs. By knowing how stakeholders operate, the CNS can achieve optimal outcomes when working with that person. Dr. Cunningham described four different personality types: driver, analytical, amiable, and expressive.

- “Relationships in Online Teaching and Learning” by



Yvonne Smith (NEOCNS member); Yvonne reviewed her dissertation findings.

- “Falling into the Deep End of the Pool: CNS Year One” by Dianna Copley (NEOCNS member); Discussed her first year successes and challenges as a new CNS.

*(Continued on page 3)*

- “Where the Past Meets the Present. . . the Future of the Clinical Nurse Specialist Role” by Anita White (NEOCNS member), Elissa Brown, & Deborah Messecar.
- “The Land of the MiSfits: The CNS Role in System Integration of Medical-Surgical Policies and Procedures” by co-presented by Kathleen Singleton (NEOCNS members)
- “Where the Past Meets the Present...the Future of the Clinical Nurse Specialist Role” by Anita White (NEOCNS member)
- “Engagement + Empowerment = Reduction in Hospital Acquired Conditions” by Kathy Hill (NEOCNS member)
- “Malnutrition in the Hospitalized Adult: A Conceptual Framework for CNS Practice” poster presentation by Kelly Haight (NEOCNS member)
- “Extra, Extra Read All About it. NACNS Affiliate



Dynamic Website!” by Thomas Drescher, Mary Beth Modic, & Stacy Claus (NEOCNS members)

- “Sharing Successful Strategies for the CNS. . . Strategic Cost Analysis, Succinct Business Plans, Superb Project Management Organization” by Anita White (NEOCNS member)
- “Take a Chance on Me! Investing in the Next Generation of Clinical Leaders” by Joyce Fitzpatrick, Kelly Hancock



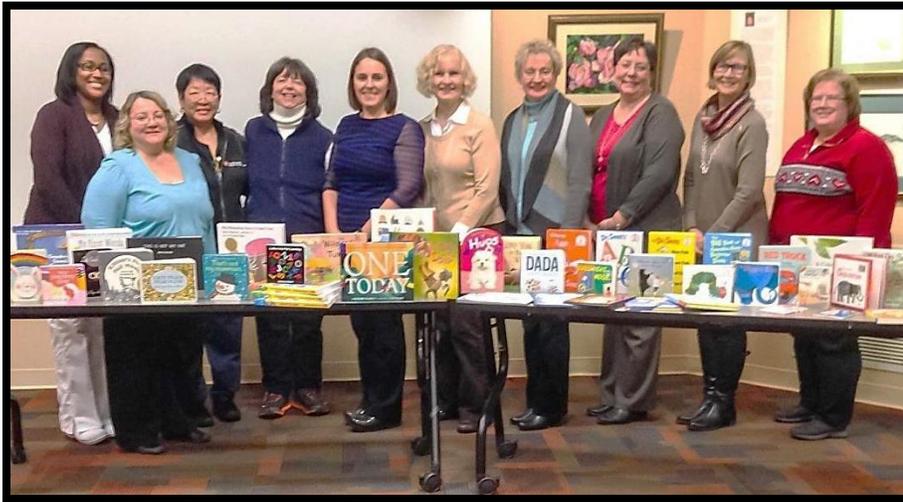
& Mary Beth Modic (NEOCNS members)

- “Full Practice Authority (FPA) for CNSs/APRNs: What You Need to Know” by Yvonne Smith & Lydia Booher, (NEOCNS members)

The 2017 NACNS Annual Conference, “Tomorrow Belongs to Us: The Clinical; Nurse Specialist Conquering Changes in the Healthcare Environment”, will take place in Atlanta, Georgia on **March 9-11, 2017**.

Abstract submission for the 2017 Conference is open from **June 6 to August 3, 2016** and the deadline for student poster submissions is **December 5, 2016**.

We hope to have another strong representation from NEOCNS in 2017!



### Speed Book Sharing

On February 4<sup>th</sup> NEOCNS members participated in Speed Book Sharing. Members shared a book (or two) which they found helpful in their career as a CNS. Each attendee had a short time to discuss their book then they rotated to the next person (much like speed dating).

Attendees were asked to bring a book to donate to the Cleveland Little Free Library organized by the Kids Book Bank. Neuman, Celano, Greco, and Shue (2001, as cited in Neuman & Celano, 2006) explain that many low-income families are unable to purchase books due to a lack

of a disposable income. Krashen (2007) explains, “if more access lead to more reading, and if more reading leads to better reading, writing, spelling, grammar, and a larger vocabulary . . . , this means that the first step any literacy campaign needs to take is to make sure children have access to plenty of books” (p. 7).

Cleveland’s Little Free Libraries promote access to books in low-income communities. There are over 75 Little Free Libraries in Cleveland and 60 in the surrounding suburbs (Kids’ Book Bank, 2016). Locate a Little Free Library near you go to [kidsbookbank.org](http://kidsbookbank.org).

### References

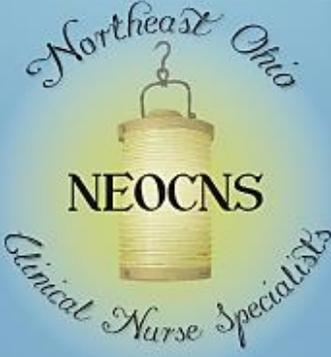
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- Neuman, S. B., & Celano, D. (2006). The knowledge gap: implication of leveling the playing field for low-incomes and middle-income children. *Reading Research Quarterly*, 41(2), 176-201. Doi:10.1598/RRQ.41.2.2

### By the Numbers . . .

10 Total Attendees

12 Books Discussed

59 Books Donated



**Friday April 8th**

**NEOCNS Presents**  
**“Positioning your GPS for Clinical Leadership”**

**Presented by:**  
**Joyce J. Fitzpatrick, PhD, MBA, RN, FAAN**

Brecksville Library 9089 Brecksville Rd. Brecksville, OH 44141	9:15a–9:30a: Registration 9:30a–10a: Business Meeting 10a–4p: Program	Members: \$75 Non-members: \$100 Register at: <a href="http://neocns.org">neocns.org</a>
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**Save the Date!**

June 10-15, 2016: [Transplant Games of America](#), Cleveland, Ohio

July 18-19, 2016: [NACNS Educator's Forum and CNS Summit](#), Washington, D. C.

September 7: 2<sup>nd</sup> Annual CNS/CNO Breakfast and Fall Program

March 9-11, 2017: [NACNS Annual Conference](#), Atlanta, Georgia

**Find us on the Web at:**

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